

IV

Momentum.

$\hat{p}_i = \frac{\hbar}{i} \frac{\partial}{\partial x^i}$ on $\mathcal{H} = L^2(\mathbb{R}^3)$
self-adjoint operator.

According spectral theorem there exist representation such that \hat{p}_i becomes multiplication operator on function.

\hat{A} self-adjoint on \mathcal{H}
 \Downarrow
 $\mathcal{H} = L^2(M)$
 $(\hat{A}f)(m) = a(m)f(m)$

\Downarrow
Fourier transform

$f(x) \in L^2(\mathbb{R})$

$\hat{f}(k) = (Ff)(k) = \frac{1}{\sqrt{2\pi}} \int e^{-ikx} f(x) dx$

$(F^{-1}\hat{f})(x) = \frac{1}{\sqrt{2\pi}} \int e^{ikx} \hat{f}(k) dk$

To see a world in a grain.

$\langle Ff, g \rangle = \langle f, Fg \rangle$

$\int \overline{Ff} g = \int \overline{f} Fg$

F transforms tempered distributions onto tempered distributions.

$(FL) = \sim \delta \quad Fx = \sim \delta'$

Grain of sand contains Universe and Universe — grain of sand

To see a World in a Grain of Sand
And a Heaven in a Wild Flower
Hold Infinity in the Palm of your hand
And Eternity in an hour
. William Blake

Let \hat{A}, \hat{B} be two operators
observables.

$$[\hat{A}, \hat{B}] = 0$$

\Downarrow

There exist a basis $\{ \varphi_i \}$:

$$\hat{A} \varphi_i = a_i \varphi_i$$

$$\hat{B} \varphi_i = b_i \varphi_i$$

$$\mathcal{H}_i = \{ \varphi : \hat{A} \varphi = a_i \varphi \}$$

$$B|_{\mathcal{H}_i} : \mathcal{H}_i \rightarrow \mathcal{H}_i$$

$$\hat{A}(\hat{B}\varphi) = a_i \hat{B}\varphi$$

$$[\hat{A}, \hat{B}] \neq 0,$$

$$[\hat{A}, \hat{B}] = i\hat{C} \neq 0.$$

Heisenberg uncertainty principle

Let ψ : $\langle \psi, A\psi \rangle = 0$

$\langle \psi, B\psi \rangle = 0$

i.e. $\bar{A} = \bar{B} = 0$

$$\bar{A}^2 \bar{B}^2 \geq C$$

$$\bar{A}^2 \bar{B}^2 = \langle \psi, A^2\psi \rangle \langle \psi, B^2\psi \rangle \geq$$

$$\geq |\langle \psi, A\psi \rangle|^2 |\langle \psi, B\psi \rangle|^2 \geq$$

$$\geq \left| \text{Im} \langle A\psi, B\psi \rangle \right|^2 = \frac{1}{4} \left| \langle \psi, i[AB] \psi \rangle \right|^2$$

$$\text{Re} \langle A\psi, B\psi \rangle \geq$$

$$\langle A\psi, B\psi \rangle = \langle \psi, AB\psi \rangle = \langle \psi, \frac{1}{2}(AB+BA)\psi \rangle + \langle \psi, \frac{1}{2}[A,B]\psi \rangle$$

real
Im.

$$\Delta A^2 \cdot \Delta B^2 \geq \frac{1}{4} \bar{C}^2$$

Heisenberg uncertainty principle

- $$\bar{A} = 0. \quad (\hat{A} \rightarrow \hat{A} - \bar{A})$$

$$\bar{B} = 0.$$

$$\overline{A^2} \cdot \overline{B^2} = \langle \Psi, A^2 \Psi \rangle \langle \Psi, B^2 \Psi \rangle,$$

$$= |A\Psi|^2 |B\Psi|^2 \geq |\langle A\Psi, B\Psi \rangle|^2 \geq$$

- $$\langle A\Psi, B\Psi \rangle = \text{Re} \langle A\Psi, B\Psi \rangle + i \text{Im} \langle A\Psi, B\Psi \rangle$$

$$\Rightarrow |\text{Im} \langle A\Psi, B\Psi \rangle| = \left| \frac{\langle A\Psi, B\Psi \rangle - \langle B\Psi, A\Psi \rangle}{2i} \right| =$$

$$= \left| \frac{\langle \Psi, [A, B] \Psi \rangle}{2i} \right| = \frac{1}{2} \langle \Psi, C \Psi \rangle$$

$$\Delta A^2 \Delta B^2 \geq \frac{\Delta C^2}{2}$$